

## **CURRENT ISSUES IN MEDICAID, SCHIP, AND STATE HEALTH COVERAGE**

Summer Institute in Health Policy and Management  
Johns Hopkins University  
Bloomberg School of Public Health  
9-10 June 2003

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### **COURSE DESCRIPTION**

Due to the nature of federalism and the current political climate, much of the debate, action and regulation of health coverage occurs at the state level in the U.S. This course will examine how Medicaid, the State Children's Health Insurance Program (SCHIP), and broader state initiatives attempt to fill the gaps in the U.S. health insurance system. It will provide an overview of state health policy and politics; the basic features, historical impact, and current status of Medicaid and SCHIP; and strategies for protecting and further expanding health coverage in both public and private various states. The course will include a special focus on a new plan for universal coverage proposed by the Maryland Citizens' Health Initiative to illustrate how analysts confront a combination of general and state-specific challenges in designing health insurance systems that meet basic standards of effectiveness, equity, and efficiency. Students taking this course for graduate credit will be evaluated on a take home written assignment and participation during class.

## COURSE SCHEDULE AND READINGS

### 9 JUNE

#### 9:00-9:30

##### **INTRODUCTION AND EXPECTATIONS FOR THE COURSE**

Julie Hudman, Tom Oliver, and Jonathan Weiner

#### 9:30-10:45

##### **SESSION 1: THE ROLE OF STATES IN CONTEMPORARY HEALTH POLICY**

Tom Oliver

- This session will examine how health problems are addressed within the constitutional framework of federalism and the advantages and disadvantages of delegating authority, policy design, and management to states and communities.

##### **Required Readings:**

Brown, Lawrence and Michael Sparer. 2001. "Window Shopping: State Health Reform Politics in the 1990's." *Health Affairs*. Vol. 20(1): 50-67, January/February.

Oliver, Thomas R. 2001. "State Health Politics and Policy: Rhetoric, Reality, and the Challenges Ahead." In Robert B. Hackey and David A. Rochefort, eds. *The New Politics of State Health Policy*. Lawrence, KS: University Press of Kansas, pp. 273-91.

##### **Recommended Readings:**

Anton, Thomas J. 1997. "New Federalism and Intergovernmental Fiscal Relationships: The Implications for Health Policy." *Journal of Health Politics, Policy, and Law*, Vol. 22 (June): 691-720.

Rich, Robert F. and William D. White. 1996. "Health Care Policy and the American States: Issues of Federalism." In Robert F. Rich and William D. White, eds. *Health Policy, Federalism, and the American States*. Washington, D.C.: Urban Institute Press, pp. 3-35.

Thompson, Frank J. 2001. "Federalism and Health Care Policy: Toward Redefinition?" In Robert B. Hackey and David A. Rochefort, eds. *The New Politics of State Health Policy*. Lawrence, KS: University Press of Kansas, pp. 41-70.

Oliver, Thomas R. and Pamela Paul-Shaheen. 1997. "Translating Ideas into Actions: Entrepreneurial Leadership in State Health Care Reforms." *Journal of Health Politics, Policy and Law* Vol. 22 (June): 721-88.

#### 10:45-11:00

##### **BREAK**

#### 11:00-12:15

##### **SESSION 2: MEDICAID AND THE STATE CHILDREN'S HEALTH INSURANCE PROGRAM (SCHIP)**

Julie Hudman

- This session will focus on the basics of the Medicaid program and SCHIP including eligibility, benefits, financing, and administration.

##### **Required Readings:**

*Medicaid: A Primer*. 2003. Kaiser Commission on Medicaid and the Uninsured, The Henry J. Kaiser Family Foundation, February.

Rosenbaum, Sara. 2002. "Medicaid." *New England Journal of Medicine*, Vol. 346 (8):635-640, February.

Rosenbaum, Sara, et al. 1998. "The Children's Hour: the State Children's Health Insurance Program." *Health Affairs*, Vol. 17(1): 75-89.

Rowland, Diane and James Tallon, Jr. 2003. "Medicaid: Lessons From A Decade." *Health Affairs*, Vol. 22 (1): 138-144, January/February.

*Additional readings to be handed out in class*

**Recommended Readings:**

Holahan, John, Cori Uccello, Judith Feder, and Johnny Kim. 2000. "Children's Health Insurance: The Difference Policy Choices Make." *Inquiry*. Vol. 37(1): 7-22, Spring.

Rowland, Diane and Rachel Garfield. 2000. "Health Care for the Poor: Medicaid at 35." *Health Care Financing Review*, Vol. 22 (1): 23-34.

**12:15-1:15**

**LUNCH**

**1:15-2:30**

**SESSION 3: DOES IT MATTER? THE EFFECTS OF MEDICAID AND SCHIP HEALTH COVERAGE**

Julie Hudman

- This session will look at Medicaid and SCHIP's impact on health insurance coverage, access and quality outcomes for the low-income population.

**Required Readings:**

Dubay, Lisa and Genevieve Kenny. 2001. "Health Care Access and Use Among Low-Income Children: Who Fares Best?" *Health Affairs*, Vol. 20(1): 112-121, January/February.

Holl, J. et al. 2000. "Evaluation of New York's Child Health Plus: Access, Utilization, Quality of Health Care and Health Status." *Pediatrics*. Vol.105(3): 711-718, March.

Rowland, Diane, Alina Salganicoff, and Patricia Seliger Keenan. 1999. "The Key to the Door: Medicaid's Role in Improving Health Care for Women and Children." *Annual Review of Public Health*, Vol. 20: 403-26.

Spillman, Brenda. 2000. "Adults Without Health Insurance: Do State Policies Matter?" *Health Affairs*. Vol. 19(4): 178-187, July/August.

**Recommended Readings:**

Berk, Marc and Claudia Schur. 1998. "Access to Care: How Much Difference Does Medicaid Make?" *Health Affairs*, Vol. 17(3): 169-180, May/June.

Moreno, Lorenzo, and Shelia Hoag. 2001. "Covering the Uninsured Through TennCare: Does it Make a Difference?" *Health Affairs*. Vol. 20(1): 231-239, January/February.

Rajan, Shruti. 1998. "Publicly Subsidized Health Insurance: A Typology of State Approaches." *Health Affairs*, Vol. 17(3): 101-117, May/June.

Shi, Leiyu, Thomas R. Oliver, and Virginia Huang. 2000. "The State's Children's Health Insurance Programs: Expanding the Framework to Evaluate State Goals and Performances." *Milbank Quarterly*, Vol. 78(3): 403-46, 340-1.

**2:30-2:45**

## **BREAK**

### **2:45-4:15**

#### **SESSION 4: CURRENT POLICY ISSUES IN MEDICAID AND SCHIP**

Jonathan Weiner

- This session will cover the status of managed care in Medicaid and SCHIP.

#### **Required Readings:**

Gold, Marsha, Jessica Mittler, Debra Draper, and David Rousseau. 2003. "Participation of Plans and Providers in Medicaid and SCHIP Managed Care." *Health Affairs*. Vol. 22(1): 230-240, January/February.

Holahan, John and Shinobu Suzuki. 2002. "Medicaid Managed Care Payment Methods And Capitation Rates in 2001." *Health Affairs*. Vol. 22(1): 204-218, January/February.

Hurley, Robert and Stephen Somers. 2003. "Medicaid and Managed Care: A Lasting Relationship?" *Health Affairs*, Vol. 22 (1):77-88, January/February.

Hurley, Robert and Steven Somers. 2001. "Medicaid Managed Care" (Chapter 31) in Kongstvedt, P.R., ed. *Essentials of Managed Health Care*:4<sup>th</sup> edition. Aspen, Gaithersburg, MD.

*Additional readings to be handed out in class*

#### **Recommended Readings:**

Oliver, Thomas R. 1998. "The Collision of Economics and Politics in Medicaid Managed Care: Reflections on the Course of Reform in Maryland." *Milbank Quarterly*, Vol. 76 (1): 59-101.

### **4:15-4:45**

#### **GROUP DISCUSSION**

## **10 JUNE**

### **9:00-10:30**

#### **CONTINUATION OF CURRENT POLICY ISSUES IN MEDICAID AND SCHIP**

Julie Hudman

- This session will cover three important issues facing Medicaid and SCHIP programs – state's fiscal situations, costs of prescription drugs and proposed Medicaid reforms.

#### **Required Readings:**

Boyd, Donald. 2003. "The Bursting State Fiscal Bubble and State Medicaid Budgets." *Health Affairs*, Vol. 22 (1): 46-61, January/February.

Elam, Linda, Brian Bruen, Jane Tilly. 2002. *Medicaid and the Prescription Drug Benefit: Cost Containment Strategies and State Experiences*. Kaiser Commission on Medicaid and the Uninsured, Henry J. Kaiser Family Foundation, September.

Mann, Cindy. 2003. "The Flexibility Factor: Finding the Right Balance." *Health Affairs*, Vol. 22 (1): 62-76, January/February.

Weil, Alan. 2003. "There is Something About Medicaid." *Health Affairs*, Vol. 22 (1): 13-30, January/February.

*Additional readings to be handed out in class*

**Recommended Readings:**

Guyer, Jocelyn. 2001. *The Role of Medicaid in State Budgets*. Policy Brief. Kaiser Commission on Medicaid and the Uninsured, Henry J. Kaiser Family Foundation, October.

Schneider, Andy and Linda Elam. 2002. *Medicaid: Purchasing Prescription Drugs*. Policy Brief. Kaiser Commission on Medicaid and the Uninsured, The Henry J. Kaiser Family Foundation, January.

Schwalberg et al. 2001. *Medicaid Outpatient Prescription Drug Benefits: Findings from a National Survey and Selected Case Study Highlights*. Kaiser Commission on Medicaid and the Uninsured, Henry J. Kaiser Family Foundation, October.

Smith, Vernon, Kathy Gifford, Rekha Ramesh, and Victoria Wachino. *Medicaid Spending Growth: A 50-State Update for Fiscal Year 2003*. Issue Paper, Kaiser Commission on Medicaid and the Uninsured, The Henry J. Kaiser Family Foundation, January.

**10:30-10:45**

**BREAK**

**10:45-12:00**

**SESSION 5: PRIVATE HEALTH CARE MARKETS IN THE STATES**

Julie Hudman and Tom Oliver

- This session will provide an overview of the private market insurance system including employer-sponsored coverage, individual and small group markets, as well two important policies that affect health coverage—HIPAA and ERISA.

**Required Readings:**

Claxton, Gary. 2001. *How Private Insurance Works: A Primer*. The Henry J. Kaiser Family Foundation, May.

Long, Stephen and Susan Marquis. 2001. "Have Small-Group Health Insurance Purchasing Alliances Increased Coverage?" *Health Affairs*. Vol. 20(1): 154-163, January/February.

Pollitz, Karen and Richard Sorian. 2001. *How Accessible is Individual Health Insurance for Consumers in Less-than-Perfect Health? Executive Summary*, The Henry J. Kaiser Family Foundation, June.

Pollitz, Karen, Nicole Topay, Elizabeth Hadley, and Jalena Specht. 2000. "Early Experience with 'New Federalism' in Health Insurance Regulation." *Health Affairs*, Vol. 19(4): 7-22, July/August.

Shen, Yu-Chu and Stephen Zuckerman. 2003. "Why is There State Variation in Employer-Sponsored Insurance?" *Health Affairs*, Vol. 22(1): 241-251, January/February.

**Recommended Readings:**

Duchon, Lisa and Cathy Schoen. 2001. *Experiences of Working-Age Adults in the Individual Market: Findings from the Commonwealth Fund 2001 Health Insurance Survey*. Commonwealth Fund Issue Brief, December.

Simantov, Elisabeth, Cathy Schoen and Stephanie Bruegman. 2001. "Market Failure? Individual Insurance Markets For Older Americans." *Health Affairs*, Vol. 20(4): 139-149, July/August.

**12:00-1:00****LUNCH****1:00-2:15****SESSION 6: EXPANDING COVERAGE AT THE STATE LEVEL:  
POLICY OPTIONS, POLITICAL CONSIDERATIONS AND STATE EXPERIENCES**

Tom Oliver and Julie Hudman

- This session will explore different options for expanding coverage at the state level and analyze the costs and benefits associated with different policy proposals.

**Required Readings:**

Bilheimer, Linda and David Colby. 2001. "Expanding Coverage: Reflections on Recent Efforts." *Health Affairs*, Vol. 20 (1): 83-95, January/February.

Brown, Lawrence and Michael Sparer. 2003. "Poor Program's Progress: The Unanticipated Politics of Medicaid Policy." *Health Affairs*, Vol. 22(1): 31- 44, January/February.

Feder, Judith, Larry Levitt, Ellen O'Brien, and Diane Rowland. 2001. "Covering the Low-income Uninsured: The Case for Expanding Public Programs." *Health Affairs*. Vol. 20(1): 27-39, January/February.

Oliver, Thomas R. 1999. "The Dilemmas of Incrementalism: Logical and Political Constraints in the Design of Health Insurance Reform." *Journal of Policy Analysis and Management*, Vol.18 (Fall): 652:83.

Pauly, Mark, and Bradley Herring. 2001. "Expanding Coverage Via Tax Credits: Trade-Offs and Outcomes." *Health Affairs*, Vol. 20(1): 9-26, January/February.

**Recommended Readings**

DeFrancesco, LeAnne, Christina Folz, Madeleine Konig, Carole Lee. 2002. *State of the States*. Report from the State Coverage Initiatives Program, Academy for Health Services Research and Health Policy, January

Gold, Marsha, Jessica Mittler, Anna Aizer, Barbara Lyons, and Cathy Schoen. 2001. "Health Insurance Expansion Through States in a Pluralistic System." *Journal of Health Policy, Politics and the Law*. Vol. 26(3): 581-615, June.

Oliver, Thomas R. 2000. "Dynamics without Change: The New Generation." *Journal of Health Politics, Policy and the Law*, Vol. 25 (February): 225-32.

Schroeder, Steven. 2001. "Prospects for Expanding Health Insurance Coverage." *New England Journal of Medicine*, Vol. 344(11): 847-852, March.

Silow-Carroll, Sharon, Stephanie Anthony, and Jack Meyer. 2000. *State and Local Initiatives to Enhance Health Coverage for the Working Uninsured*. New York: Commonwealth Fund, November.

**2:15-2:45****GROUP DISCUSSION**

Julie Hudman and Tom Oliver

**2:45-3:00**  
**BREAK**

**3:00-4:30**

**SESSION 8: CASE STUDY OF MARYLAND'S UNIVERSAL COVERAGE INITIATIVE**

Jonathan Weiner and Tom Oliver

Guest speaker: Glenn Schneider, Deputy Director, Maryland Citizens' Health Initiative

- This session will discuss Maryland's recent proposals to expand health coverage. Students will also participate in a group exercise on the policy options for expanding coverage.

**Required Readings:**

The executive summary of the Maryland Citizens' Health Initiative proposal and other materials will be handed out in class.